

1 **BEFORE THE ARIZONA MEDICAL BOARD**

2
3 In the Matter of

4 **FREDERICK T. STRAND, M.D.**

5 Holder of License No. 12506
6 For the Practice of Medicine
In the State of Arizona.

Case No. MD-09-0125A

**ORDER FOR SURRENDER OF
LICENSE AND CONSENT TO THE
SAME**

7 Frederick T. Strand, M.D. ("Respondent") elects to permanently waive any right to a
8 hearing and appeal with respect to this Order for Surrender of License; admits the
9 jurisdiction of the Arizona Medical Board ("Board"); and consents to the entry of this Order
10 by the Board.

11 **FINDINGS OF FACT**

12 1. The Board is the duly constituted authority for the regulation and control of
13 the practice of allopathic medicine in the State of Arizona.

14 2. Respondent is the holder of license number 12506 for the practice of
15 allopathic medicine in the State of Arizona.

16 3. The Board initiated case number MD-09-0126A after receiving notification
17 from the Drug Enforcement Administration (DEA) that on December 5, 2009, Respondent
18 surrendered his DEA registration. Subsequently, Board Staff reviewed twelve patient
19 medical records and found deviations in all the records.

20 4. Specifically, Respondent's medical records consisted of letters written to
21 him by the patients requesting prescriptions for pain medications; reports of emergency
22 room visits; imaging reports; and/or reports of consultations with other physicians.
23 Respondent repeatedly prescribed Schedule II opioids to the patients in the absence of a
24 documented history and targeted physical exam. Additionally, there was no documentation
25 of an evaluation of the patients' pain problems, their pain history, or any follow up exams

1 performed by Respondent. Further, during the DEA's investigation, Respondent
2 acknowledged that he continued to prescribe #40 Percocet to patient RG on a weekly
3 basis, despite knowing that RG was an addict and had been convicted of forging
4 prescriptions.

5 5. The standard of care prior to prescribing long-term opioid medications for
6 chronic non-malignant pain requires a physician to conduct an appropriate evaluation of
7 the pain problem, including a pain history and targeted physical exam and to refrain from
8 prescribing to a patient in the presence of known current abuse.

9 6. Respondent deviated from the standard of care because he did not conduct
10 an evaluation on the patients prior to prescribing pain medications that included a pain
11 history and targeted physical exam. There was a potential for overdose, brain damage,
12 and/or death to the patients.

13 7. Respondent admits to the acts described above and that they constitute
14 unprofessional conduct pursuant to A.R.S. § 32-1401(27)(q) ("[a]ny conduct or practice
15 that is or might be harmful or dangerous to the health of the patient or the public.").

16 **CONCLUSIONS OF LAW**

17 1. The Board possesses jurisdiction over the subject matter hereof and over
18 Respondent.

19 2. The Board possesses statutory authority to enter into a consent agreement
20 with a physician and accept the surrender of an active license from a physician who
21 admits to having committed an act of unprofessional conduct. A.R.S. § 32-1451(T)(2).

22 **ORDER**

23 IT IS HEREBY ORDERED THAT Respondent immediately surrender License
24 Number 12506, issued to Frederick T. Strand, M.D. for the practice of allopathic medicine
25 in the State of Arizona, and return his wallet card and certificate of licensure to the Board.

1 DATED and effective this 10TH day of FEBRUARY, 2010.

2 ARIZONA MEDICAL BOARD



4 By:

5 
6 Lisa S. Wynn
7 Executive Director

8 **CONSENT TO ENTRY OF ORDER**

9 1. Respondent has read and understands this Consent Agreement and the
10 stipulated Findings of Fact, Conclusions of Law and Order ("Order"). Respondent
11 acknowledges he has the right to consult with legal counsel regarding this matter.

12 2. Respondent acknowledges and agrees that this Order is entered into freely
13 and voluntarily and that no promise was made or coercion used to induce such entry.

14 3. By consenting to this Order, Respondent voluntarily relinquishes any rights
15 to a hearing or judicial review in state or federal court on the matters alleged, or to
16 challenge this Order in its entirety as issued by the Board, and waives any other cause of
17 action related thereto or arising from said Order.

18 4. The Order is not effective until approved by the Board and signed by its
19 Executive Director.

20 5. All admissions made by Respondent are solely for final disposition of this
21 matter and any subsequent related administrative proceedings or civil litigation involving
22 the Board and Respondent. Therefore, said admissions by Respondent are not intended
23 or made for any other use, such as in the context of another state or federal government
24 regulatory agency proceeding, civil or criminal court proceeding, in the State of Arizona or
25 any other state or federal court.

6. Upon signing this agreement, and returning this document (or a copy thereof) to the Board's Executive Director, Respondent may not revoke the consent to the

1 entry of the Order. Respondent may not make any modifications to the document. Any
2 modifications to this original document are ineffective and void unless mutually approved
3 by the parties.

4 7. This Order is a public record that will be publicly disseminated as a formal
5 disciplinary action of the Board and will be reported to the National Practitioner's Data
6 Bank and on the Board's web site as a disciplinary action.

7 8. If any part of the Order is later declared void or otherwise unenforceable, the
8 remainder of the Order in its entirety shall remain in force and effect.

9 9. If the Board does not adopt this Order, Respondent will not assert as a
10 defense that the Board's consideration of the Order constitutes bias, prejudice,
11 prejudgment or other similar defense.

12 

13 FREDERICK T. STRAND, M.D.

Dated: 2/10/10

14
15 EXECUTED COPY of the foregoing mailed by
16 US Mail this 11th day of February, 2010 to:

17 Frederick T. Strand, M.D.
18 Address of Record

19 ORIGINAL of the foregoing filed this
20 11th day of Feb., 2010 with:

21 The Arizona Medical Board
22 9545 East Doubletree Ranch Road
23 Scottsdale, AZ 85258

24 
25 Arizona Medical Board Staff